

Monday, September 2, 2024

Tai Chi Mindemoya

Date and Time: Monday, September 2 10:00 am - 11:00 am

Outdoor Tai Chi will take place at the Lions Club Pavilion in Mindemoya behind the Mindemoya Area at 6064 Highway 542 in Mindemoya, ON Monday and Thursday until Thursday September 12, 2024. Academy members welcome.

Tuesday, September 3, 2024

Chair Yoga

Date and Time: Tuesday, September 3 1:00 pm - 1:45 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Gentle Yoga

Date and Time: Tuesday, September 3 2:00 pm - 3:00 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Traditional Taekwon-do

Date and Time: Tuesday, September 3 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Roads Committee

Date and Time: Tuesday, September 3 7:00 pm - 9:00 pm

Wednesday, September 4, 2024

Cardboard and Paper Recycling

Date and Time: Wednesday, September 4 6:00 am - 12:00 pm

Cardboard and Paper curbside recycling plus household garbage curbside pickup.

Gentle Yoga

Date and Time: Wednesday, September 4 6:15 pm - 7:15 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Thursday, September 5, 2024

Tai Chi Mindemoya

Date and Time: Thursday, September 5 10:00 am - 11:00 am

Outdoor Tai Chi will take place at the Lions Club Pavilion in Mindemoya behind the Mindemoya Area at 6064 Highway 542 in Mindemoya, ON Monday and Thursday until Thursday September 12, 2024. Academy members welcome.

Traditional Taekwon-do

Date and Time: Thursday, September 5 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Water, Waste and Education Committee

Date and Time: Thursday, September 5 7:00 pm - 9:00 pm

Monday, September 9, 2024

Tai Chi Mindemoya

Date and Time: Monday, September 9 10:00 am - 11:00 am

Outdoor Tai Chi will take place at the Lions Club Pavilion in Mindemoya behind the Mindemoya Area at 6064 Highway 542 in Mindemoya, ON Monday and Thursday until Thursday September 12, 2024. Academy members welcome.

Tuesday, September 10, 2024

Chair Yoga

Date and Time: Tuesday, September 10 1:00 pm - 1:45 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Gentle Yoga

Date and Time: Tuesday, September 10 2:00 pm - 3:00 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Traditional Taekwon-do

Date and Time: Tuesday, September 10 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also of

fer drop-in classes for summer residents and vacationers.

Property Committee ***Cancelled

Date and Time: Tuesday, September 10 7:00 pm - 9:00 pm

Wednesday, September 11, 2024

Plastic and Metal Curbside Recycling

Date and Time: Wednesday, September 11 6:00 am - 12:00 pm

Plastic and metal curbside recycling plus household garbage curbside pickup.

Gentle Yoga

Date and Time: Wednesday, September 11 6:15 pm - 7:15 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Thursday, September 12, 2024

Tai Chi Mindemoya

Date and Time: Thursday, September 12 10:00 am - 11:00 am

Outdoor Tai Chi will take place at the Lions Club Pavilion in Mindemoya behind the Mindemoya Area at 6064 Highway 542 in Mindemoya, ON Monday and Thursday until Thursday September 12, 2024. Academy members welcome.

Traditional Taekwon-do

Date and Time: Thursday, September 12 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also of

fer drop-in classes for summer residents and vacationers.

Council Meeting

Date and Time: Thursday, September 12 7:00 pm - 9:00 pm

Friday, September 13, 2024

Municipal Public Works & Farm Show

Date and Time: Friday, September 13 10:00 am - 3:00 pm

Join us on September 13th for a Municipal Public Works & Farm Show. It will be an event filled day featuring exhibit booths, product demonstrations and information presentations from suppliers across Ontario. For more information please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Saturday, September 14, 2024

Traditional Taekwon-do

Date and Time: Saturday, September 14 10:00 am - 11:00 am

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Tuesday, September 17, 2024

Chair Yoga

Date and Time: Tuesday, September 17 1:00 pm - 1:45 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Gentle Yoga

Date and Time: Tuesday, September 17 2:00 pm - 3:00 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Traditional Taekwon-do

Date and Time: Tuesday, September 17 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

*Cancelled Safety, Security and Health Committee

Date and Time: Tuesday, September 17 7:00 pm - 9:00 pm

Wednesday, September 18, 2024

Cardboard and Paper Recycling

Date and Time: Wednesday, September 18 6:00 am - 12:00 pm

Cardboard and Paper curbside recycling plus household garbage curbside pickup.

Gentle Yoga

Date and Time: Wednesday, September 18 6:15 pm - 7:15 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Zumba

Date and Time: Wednesday, September 18 6:15 pm - 7:15 pm

Zumba - Wednesday evenings at CMPS from 6:15 - 7:15 pm. For more information contact Kellie at momma_kaboose@hotmail.com.

Thursday, September 19, 2024

Finance and Economic Development

Date and Time: Thursday, September 19 7:00 pm - 9:00 pm

Friday, September 20, 2024

Central Manitoulin Exercise Class

Date and Time: Friday, September 20 10:30 am - 11:30 am

Tie up your laces and fill up your water bottle because Friday's exercise class is back! Classes will be held on Fridays from 10:30 am - 11:30 am at the Providence Bay hall starting September 20th. Cost is \$20 for the whole 12 week program.

Saturday, September 21, 2024

2nd Annual Prov Bay/Spring Bay Lions Club Golf Tournament

Date and Time: Saturday, September 21 9:30 am - 8:00 pm

The Providence Bay - Spring Bay Lions Club is hosting their 2nd Annual Lions Club Golf Tournament in support of the 348 Royal Canadian Sea Cadets Corps, Manitoulin. The Golf Tournament will take place on September 21st at the Brookwood Brae Golf Course in Mindemoya. Shotgun start is at 9:30 am. For more information please visit the Providence Bay - Spring Bay Lions Facebook page at <https://www.facebook.com/ProvidenceBaySpringBayLionsClub>.

Traditional Taekwon-do

Date and Time: Saturday, September 21 10:00 am - 11:00 am

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Tuesday, September 24, 2024

Chair Yoga

Date and Time: Tuesday, September 24 1:00 pm - 1:45 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Gentle Yoga

Date and Time: Tuesday, September 24 2:00 pm - 3:00 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Office and Administration Committee

Date and Time: Tuesday, September 24 4:00 pm - 6:00 pm

Traditional Taekwon-do

Date and Time: Tuesday, September 24 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Wednesday, September 25, 2024

Plastic and Metal Curbside Recycling

Date and Time: Wednesday, September 25 6:00 am - 12:00 pm

Plastic and metal curbside recycling plus household garbage curbside pickup.

Knowledge Sharing Session

Date and Time: Wednesday, September 25 5:00 pm - 7:00 pm

Central Manitoulin Knowledge Sharing Sessions Fall Schedule:

September 25th, 2024 - Essential Oils with Carrie

October 9th, 2024 - Wreath Making with Paulie

October 23rd, 2024 - Happiness Through Harmony with Kate

November 13th, 2024 - Squash Soups with Rose

November 27th, 2024 - Line Dancing with Joe and Beth

Sessions held at the Mindemoya Hall

These sessions are geared to adults 55+

All levels of experience welcome

Sessions are free of charge

Registration is limited

To register for a session, please email Alison at asloss@centralmanitoulin.ca.

Zumba

Date and Time: Wednesday, September 25 6:15 pm - 7:15 pm

Zumba - Wednesday evenings at CMPS from 6:15 - 7:15 pm. For more information contact Kellie at momma_kaboose@hotmail.com.

Gentle Yoga

Date and Time: Wednesday, September 25 6:15 pm - 7:15 pm

Join Yoga! 🧘

Central Manitoulin has yoga classes every Tuesday and Wednesday at the Mindemoya and Spring Bay Halls. Tuesday's classes start with chair yoga at 1 pm - 1:45 pm and are followed by gentle yoga at 2 pm - 3 pm at the Mindemoya Hall. Wednesday's class starts at 6:15 pm - 7:15 pm at the Spring Bay Hall. Chair yoga is \$5 per class and gentle yoga classes are \$10 per class. Classes are inclusive for all experience levels. For more information or to register please contact Alison at 705-377-5726 or by email at asloss@centralmanitoulin.ca.

Thursday, September 26, 2024

Traditional Taekwon-do

Date and Time: Thursday, September 26 6:00 pm - 8:00 pm

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Nature Club - Meeting and Introduction to the Horticultural Art of Bonsai

Date and Time: Thursday, September 26 7:00 pm - 9:00 pm

Hybrid Meeting - both by Zoom & in-person
at Trinity United Church, 6070 King Street, Mindemoya
Thursday, Sept 26, 2024 at 7:00 pm

Introduction to the
Horticultural Art of Bonsai

Our in-person speaker: Wayne Malleau Bonsai is an ancient art form that is derived by ancient Chinese horticultural practices, part of which was then redeveloped under the influence of Japanese Zen Buddhism. Each tree tells a story, as one of the only living arts that keeps the environment into its design in a compact form. The practice encourages patience, creativity, and a deep appreciation for the natural world, making bonsai not just a hobby, but a lifelong passion for many enthusiasts.

MNC Members may bring a guest at a fee of \$5 per person. Non-members wishing to attend may pay the \$20 membership fee at the door or email MNC ahead at manitoulinnatureclub@gmail.com

Council Meeting

Date and Time: Thursday, September 26 7:00 pm - 9:00 pm

Friday, September 27, 2024

Central Manitoulin Exercise Class

Date and Time: Friday, September 27 10:30 am - 11:30 am

Tie up your laces and fill up your water bottle because Friday's exercise class is back!
Classes will be held on Fridays from 10:30 am - 11:30 am at the Providence Bay hall starting September 20th.
Cost is \$20 for the whole 12 week program.

Federation of Agriculture Annual General Meeting and Regional Meeting

Date and Time: Friday, September 27 6:00 pm - 9:00 pm

Manitoulin North Shore Federation of Agriculture Annual General Meeting & Regional Meeting

Friday, September 27, 2024

Doors Open: 6:00 PM Dinner: 6:30 PM Meeting to follow

Saturday, September 28, 2024

Traditional Taekwon-do

Date and Time: Saturday, September 28 10:00 am - 11:00 am

Traditional ITF, taekwon-do classes. All classes are lead in a fun supportive environment, by Master Alvey 7th Dan, who has 40 years of teaching experience. Kids and families are 6-7pm, teens and adults 7-8pm. We also offer drop-in classes for summer residents and vacationers.

Monday, September 30, 2024

Water and Sewer Payment Due - Quarter 3

Date and Time: Monday, September 30 8:00 am

Quarter 3 Municipality of Central Manitoulin Water and Sewer Payment Due

<https://events.centralmanitoulin.ca>